



The Healing Kitchen

A Class for Veterans and Active-Duty
Service Men and Women

Join us for an evening of cooking and camaraderie. You will create beautiful, delicious, health-supporting dishes while you learn about various aspects of your health.

To **register** for class go to:

www.pattyjames.com

What: Seafood Lasagna, Caesar Salad and Apple Cobbler.

When: August 24th from 6:00 to 8:30 p.m.

Where: The Lomitas Kitchen

2421 Lomitas Avenue

Santa Rosa, CA. 95404

No Class Fee

Class Size: Up to 16 people